|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Advised by doctor or health worker to reduce salt in the diet** | | | | | | | | | |
|  | **Male** | | | **Female** | | | **Total** | | |
| Age Categories (Years) | n | % advised | 95% CI | n | % advised | 95% CI | n | % advised | 95% CI |
| 18-29 | 153 | 23.9 | 13.7 - 38.3 | 162 | 25.8 | 12.4 - 46.2 | 315 | 25.1 | 15.5 - 38.0 |
| 30-44 | 335 | 31.0 | 23.3 - 39.9 | 372 | 39.7 | 25.6 - 55.8 | 707 | 36.4 | 26.8 - 47.3 |
| 45-59 | 310 | 21.9 | 11.9 - 36.7 | 376 | 54.9 | 42.4 - 66.8 | 686 | 38.6 | 27.8 - 50.6 |
| 60-69 | 235 | 47.0 | 35.1 - 59.2 | 258 | 58.2 | 42.4 - 72.4 | 493 | 53.5 | 42.7 - 63.9 |
| **Total** | **1033** | **28.0** | **21.7 - 35.3** | **1168** | **41.7** | **34.1 - 49.6** | **2201** | **36.0** | **30.7 - 41.6** |
| Area |  |  |  |  |  |  |  |  |  |
| Rural | 301 | 18.0 | 10.6 - 28.9 | 353 | 47.0 | 32.7 - 61.7 | 654 | 35.2 | 25.2 - 46.6 |
| Urban | 732 | 35.5 | 28.6 - 43.0 | 815 | 37.4 | 31.0 - 44.3 | 1547 | 36.6 | 31.8 - 41.6 |